

# Stand and Deliver

**Directions:** Ask participants to seat themselves in a circle, in chairs or on the floor, so that they can see everyone. The moderator should stand or sit in the circle. Explain that statements will be read that indicate the complexity of diversity and experience. Ask that as each statement is read, those who identify with that statement should stand. Allow time for participants to observe and encourage them to consider the following:

- who is standing or sitting with you,
- how you are feeling.

Next, thank participants and ask them to be seated again and read another statement. The entire activity should be done in total silence until the debriefing segment.

"Stand and deliver if you identify as being/having ..."

1. A male?
2. A female?
3. Born in the U.S.?
4. Born in another country?
5. An only child?
6. The youngest child?
7. The oldest child?
8. The middle child?
9. Lived away from home?
10. African-American?
11. Hispanic?
12. Arab American?
13. Native-American?
14. Asian-American/Pacific Islander?
15. Middle Eastern?
16. Associated with an ethnic group that was not mentioned previously?
17. Been raised in a lower-income family?
18. Been raised in an upper-income family?
19. Been raised in a middle-income family?
20. Able to speak a language other than English?
21. Spiritual, but not religious?
22. Spiritual?
23. Having seriously questioned your religious beliefs?
24. Having been teased about your accent or your voice, or told that you could not sing?
25. Having a family member or a friend who has a disability that you can or cannot see?
26. Been raised in a single-parent household?

Stand and Deliver ...

1. Been raised in a household with extended family, such as aunts, uncles and/or grandparents)?



2. Having parents who have been divorced from one another?
3. Having parents who have been married only to each other for 20 years or more?
4. Having had a close family member/friend die?
5. Having both parents still living?
6. Having felt alone, unwelcome or afraid at some time in your life?
7. Having been teased or made fun of for wearing glasses, braces, a hearing aid or because of the clothes you wear, your height, weight, complexion, or size or shape of your body?
8. Having felt pressure from friends or an adult to do something that you did not want to do and felt sorry or shame afterwards?
9. Having been discriminated against because of your age?
10. Having been discriminated against because of your gender?
11. Having been discriminated against because of your race?
12. Having broken a law and gotten caught?
13. Having broken a law and not gotten caught?
14. Having stood by and watched while someone was emotionally or physically hurt and said or did nothing because you were too afraid?
15. Planning to speak out and do something from now on when you see someone being pressured to do something that they do not want to do?
16. Feeling that one person can make a difference?
17. Finally, stand and deliver if you feel that tolerance of diversity is a must if we are to survive as a global community?

