Class Meeting Ideas
Building classroom community comes from real connection. Find opportunities to have real conversations that include listening and response. Adding responses to a chat do not challenge us to bring ourselves into a conversation. Use voice, video, and creativity in frequent interactions and build in routines of daily connections.

Here are some ideas to get you started:

1. Begin class meetings by asking each participant to share a highlight or lowlight. This can be something you are happy or excited about or something you are worried or sad about. For example, “Today I have a new desk to do my schoolwork in the den.” Or, “I’m worried because my mom lost her job.”
2. A variation is a one-word check-in. Each participant describes how they feel in one word.
3. If you only have a minute, have students use the chat box to check in with an emoji – See these examples in Google Docs (copy this).
4. It’s fun to introduce your classmates to your house. Give a “find something” prompt and two minutes to come back with examples of a few objects that you describe. For example, have students find something in their house that:
   a. Makes you laugh
   b. Is soft
   c. You like to play with
   d. Is your favorite color
   Here’s an example of a Gratitude Scavenger Hunt
5. Use an inspirational quote to spark thinking for a daily gratitude journal.
6. Post a forced choice question each day that begins, “Would you rather ...” Here are some ideas. The book “Coke or Pepsi” has fun prompts for quizzes and discussion.
7. Begin with any simple mindful breathing activity, such as “Just Three Breaths to Connect.”
8. Display an image or work of art. Ask these questions for written or verbal response:
   “What do you notice?”
   “What do you wonder?”
   “What do you think is happening?”

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