

Kindness: Definitions and Key Questions

Look up the meaning of these words and write your own definitions. Follow your interests and reputable sources to learn more about kindness.

altruistic: unselfish concern for the wellbeing of others; generous

bighearted: full of love and goodwill toward others

bullying: behavior seeking to intimidate or harm someone who seems vulnerable

character: the qualities of a human that influence their attitudes and behaviors

charitable: gives to others in need

empathy: the ability to share the feelings of another person, see from their perspective

generosity: willingness to share, give, and be kind

kindness: behavior that is warm, friendly, or generous

pay it forward: the act of doing something generous after someone is generous to you

philanthropic: acting with love and generosity toward others; giving time, talent or treasure (money) for the common good

Key Questions

1. What can you do or say when you see someone being unkind to another person?
2. Think about a person you know who is really kind. What are some examples of their actions and attitudes?
3. In what way can one person who is part of a community do something that makes a difference?
4. Where do you see opportunities to show kindness toward someone in your community? What can you do to help people who might experience difficulty?
5. What can you do to listen and show gratitude for others?
6. Talk about safety concerns and limits. What are some things you can do without an adult's permission?

