

Name: _____



Kindness Checklist



- Genuinely smiled at _____ people.
- Offered my friend a _____.
- Thanked _____ for _____.
- Shared _____ with _____.
- Offered to _____.
- Helped _____ to _____.
- Held the door for _____.
- Helped _____ clean _____.
- Said something nice to _____.
- Complimented _____.
- Helped _____ clean _____.
- Gave a thank you note to _____.
- Donated _____ to _____.
- My own good deed which was _____.