

Name _____ Block/Period _____

Pharmaceutical and Personal Care Product (PPCP) Worksheet

Look at personal care products in your house/provided in class (shampoos, conditioners, lotions, etc.). Write down any ingredients that you can't pronounce or know the purpose of. In small groups research the uses for the ingredients (wikipedia is a great starting resource for your research)

<u>Ingredient</u>	<u>Found in</u>	<u>Purpose</u>
e.g. triclosan	toothpaste, soap	antibacterial

Use the <http://www.goodguide.com/> to check if these ingredients are safe.

What products could you switch to to lessen your impact on our waterways?

What surprised you about the research? Are there any challenges to choosing safe products?



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Action Plan- Reducing my PPCP Waste

Goal: Reduce PPCP release in my home.

I, _____ plan to reduce the improper disposal of PPCPs in my home by educating my family and following these steps.

- 1.
- 2.
- 3.
- 4.
- 5.

These changes by me and my family are important because... (think about cost, safety, as well as social, cultural, and environmental impacts on our water)

