

Creating a Family Tzedakah Habit

Rabbi Tanchum, though he needed only one portion of meat for himself, would buy two: one bunch of vegetables, he would buy two - one for the poor and one for himself.

(Midrash Kohelet Rabba 7:30)

Rabbi Tanchum knew how to create a habit! He added a pattern to something he already did; he created a *tzedakah-habit* and you can too!

- Working with your family, create a "holiday habit" Pick a holiday and decide how your family can perform the *mitzvah* of *tzedakah* in preparation for (or on) that holiday.

- Working with your family, create a "supermarket habit". Decide how you can take the Rabbi Tanchum model to the supermarket with you. Think about the special promotions run by stores ('Buy 1, Get 1 Free!' or money you get from coupons) and how they might contribute to your *tzedakah* plan.



- Working with your family, think about something that you might choose to sacrifice occasionally as a way of adding to your *tzedakah* program. What need do you care the most about in the world and how can you share your own celebration to help resolve it?

- Think about starting personal birthday *tzedakah*-traditions and include some ideas here:

REPORT YOUR RESULTS BACK TO CLASS BY: _____

