

## Food Research

Circle your group's assigned food item below and use reliable internet sources to answer the questions about production and distribution that may affect its impact on the environment or fairness. Include specific details. Be prepared to share the information you learn.

1. Circle the food product you are researching:

avocados	almonds	rice	salt	asparagus
tea	eggs	soybeans	sugar	palm oil
coffee	bananas	cashews	citrus fruits	

2. What are common uses and nutrition benefits?

3. Where does it grow naturally (where is it a native species)? Are there other places it is grown through enhanced methods (non-native)?

4. How is it harvested or produced and with what farming practices and methods – natural and chemically enhanced?

5. What is the transportation journey? How does it reach our supermarkets, restaurants and dinner tables?

