

Homework-Planning a Menu-Breakfast

Student's Name _____ Date _____

Bread, Cereal, Rice and Pasta Group _____ Servings

Vegetable Group _____ Servings

Fruit Group _____ Servings

Meat, Poultry, Fish, Dry Beans, Eggs and Nuts Group _____ Servings

Milk, Yogurt and Cheese Group _____ Servings

Fats, Oils and Sweets _____ Servings

