

The Impact of Giving

In this one period lesson, learners investigate local and global hunger issues, and learn about nonprofits in the community. Through interviews, research, and videos, students create visual representations of facts and issues related to hunger.

Students examine root causes and effects, and learn about the Sustainable Development Goals and #GivingTuesday.

As a service project, they organize an event, such as a volunteer fair or game-a-thon, and raise awareness of the issue or of giving opportunities.



Sustainable Development Goals



Video Link:



"The world's hunger is getting ridiculous. There is more fruit in a rich man's shampoo than on a poor man's plate." - Asad Bashir Khan

Discuss:

What does this quote make you think?
If there is enough food in the world, what are meaningful things to do to make a real difference?
What is it like to take action for the common good? What are the benefits to the giver and receiver?



Understanding Hunger



- Discuss the strategies suggested and what individuals and organizations can do.
- Discuss what it is like to experience hunger.
- What are the effects on our bodies, minds, and attitudes when we don't get enough to eat for a day? What if every day was like that?
- What can we do?





Hunger in Our Community



Brainstorm a list of organizations (government and nonprofit) who help address hunger and poverty.

- Look these up on the Internet, making sure there are local organizations on the list.
- 1. Ask the principal to share data and information about the free/reduced lunch in the school.
- 2. Students research the percentage of SNAP (nutrition support) recipients in the community or state.
- 3. Invite a speaker to the class from a local nonprofit to talk about the issue of hunger in the community and what they do.



#GivingTuesday

Learn about #GivingTuesday, a global day of giving on the Tuesday after Thanksgiving. People creatively use social media to tell their friends to support the causes they care about.

www.givingtuesday.org



Inspirational Quotes

"The best way to find yourself is to lose yourself in service to others."

"A society grows great when old men plant trees whose shade they know they shall never see." - Greek proverb

Share stories of how giving feels and its impact. What do you like about #GivingTuesday, a global day of giving? #Teach1



Nonprofits

Elementary: Work together to learn about one nonprofit. Design a poster with hunger facts and information about the nonprofit's work and how people can help.

Middle and High School: Students choose which nonprofit they want to research and share [on social media using #GivingTuesday #Teach1] what they learned to encourage others to help address the issue.

- 1. What is the name of the nonprofit?
- 2. What is their mission?
- 3. What help do they need to meet their mission?
- 4. What evidence tells you this is a good organization to help?





Service Project:

Invite representatives from local nonprofits to a volunteer fair to share what they do, what they need, and volunteer opportunities (direct help, collection drive, or advocacy).

Alternative: choose one nonprofit from the student research and hold a game-a-thon (or dance-a-thon, jump-a-thon, etc.) to raise money for the nonprofit's work. "The happiest people are those who do the most for others."

-Booker T. Washington