

# Personal Reflective Poem

## "I Am" Model

Sandy Maas wrote the original poem entitled, "I Am." Suzi Mee from the *Teachers & Writers Collaborative* used his poem as a writing lesson. It has been adapted to fit the Visual Art mixed-media collage assignment, **From Trash to Treasure**.

Reflectively, write your poem following the line-by-line guide. Be sure and use words and images that express your personal ideas in response to lessons learned from this unit.

### FIRST STANZA

I am (two special characteristics you have)

I wonder (something you are actually curious about)

I hear (an imaginary or actual sound)

I see (an imaginary or actual sight)

I want (an actual desire)

I am (the first line of the poem repeated)

### SECOND STANZA

I pretend (something you actually pretend to do)

I feel (a feeling about something real or imaginary)

I touch (something real or imaginary)

I worry (something that really bothers you)

I cry (something that makes you very sad)

I am (the first line of the poem)

### THIRD STANZA

I understand (something you know is true)

I say (something you believe in)

I dream (something you actually dream about)

I try (something you really make an effort to do)

I hope (something you actually hope for)

I am (the first line of the poem repeated)

