

# Reflecting on Racism and the Box

## Definitions:

**Discrimination:** Treatment or consideration based on class or category rather than individual merit

---

**Prejudice:** A negative opinion formed without knowledge or examination of the facts

---

**Racism:** Discrimination or prejudice based on race

---

Write a paragraph explaining how “being in the box” applies to racism. Use the definitions above and the questions below to guide your response.

## Directions:

- If people of two races are “in the box” in regard to their attitudes toward each other, how does their view of reality become distorted?
  - Which “boxes” or self-deceptions do people often carry around with them?
  - What kind of mistreatment results from races being “in the box” in relation to one another?
  - What are the advantages of being “out of the box” in their attitudes toward people of other races?
- 

## Grading Rubric

Possible Score: 30 pts.

Format:	One paragraph, typed	/5
	Double-spaced, 12 pt. font	/5
	Correct spelling and proper use of mechanics	/5

---

Content:	Depth of thought	/5
	Understanding of concepts (racism, the box)	/5
	Representation of viewpoints other than own	/5

---

