

# Reflection Choices

Choose one of the following two options for writing in your journal about being trustworthy.

1. Think of an example from your own life when you acted trustworthy through one of these traits: *loyalty, honesty, good reputation, keep promises, and courage to do the right thing*. Write in your character education journal about this time.
2. Choose one of the following quotes and write about how it relates to the trait of trustworthiness:
  - “It takes many good deeds to build a good reputation, and only one bad one to lose it” -- Benjamin Franklin
  - “If all my friends were to jump off a bridge, I wouldn't follow. I'd be at the bottom to catch them when they fall.” --unknown
  - “The greater the loyalty of a group toward the group, the greater is the motivation among the members to achieve the goals of the group, and the greater the probability that the group will achieve its goals.” --Rensis Likert
  - “Love all, trust a few, do wrong to none.” --William Shakespeare
  - “Character is doing the right thing when nobody's looking. There are too many people who think that the only thing that's right is to get by, and the only thing that's wrong is to get caught.” --J.C. Watts

