

### Day 16, Sample Discussion Questions

1. How can we measure food security?
2. What do you think food insecurity means?
3. Why is there hunger and food insecurity in the United States?
4. How should hunger and food insecurity be addressed?
5. Who should be responsible for addressing hunger and food insecurity? (private, public or civic responsibility)
6. How would you know if someone was at risk of experiencing hunger? Are there conditions that could serve as warning signs?
7. What words or images come to mind when you think of hunger?
8. How would you define hunger?
9. How would you measure hunger?
10. Do you think an unhealthy diet is cheaper than a healthy diet? How would you know? What measurements would you use to compare foods?
11. How do water risks (water quality and scarcity) impact hunger and food availability?
12. What are possible solutions to hunger and food insecurity?