

Stand and Deliver

Directions: Ask participants to seat themselves in a circle, in chairs or on the floor, so that they can see everyone. The facilitator should stand or sit in the circle. Explain that statements will be read that indicate the complexity of diversity and experience. Ask that as each statement is read, those who identify with that statement should stand. This is about identity and should be done with respect and in a safe environment. Allow time for participants to observe and encourage them to consider the following:

- who is standing or sitting with you,
- how you are feeling.

After you read a statement and reflect, thank participants and ask them to be seated again and read another statement. The entire activity should be done in total silence until the debriefing segment.

"Stand and deliver if you identify as being/having ..."

1. Born in another country
2. An only child
3. The youngest child
4. The oldest child
5. The middle child
6. African-American
7. Hispanic
8. Arab American
9. Native-American
10. Asian-American/Pacific Islander
11. Middle Eastern
12. Associated with an ethnic group that was not mentioned previously
13. Able to speak a language other than English
14. Spiritual or religious
15. Having a family member or a friend who has a disability that you can or cannot see
16. Been raised in a household with extended family, such as aunts, uncles and/or grandparents)?
17. Having felt alone, unwelcome or afraid at some time in your life
18. Having been teased or made fun of for wearing glasses, braces, a hearing aid or because of the clothes you wear, your height, weight, complexion, or size or shape of your body
19. Having felt pressure from friends or an adult to do something that you did not want to do and felt sorry or shame afterwards
20. Having been discriminated against because of your age, gender, or race
21. Having stood by and watched while someone was emotionally or physically hurt and said or did nothing because you were too afraid
22. Planning to speak out and do something from now on when you see someone being pressured to do something that they do not want to do
23. Feeling that one person can make a difference
24. Finally, stand and deliver if you feel that tolerance of diversity is a must if we are to survive as a global community.

