What About You?

Read and write a response to the following two prompts.

1. Describe a situation when you felt someone was treating you unfairly. Include the answers to the following questions in your entry. Who was the person? (Describe this person without using names—my friend, my sister, my teacher, a neighbor, etc.) Why do you think he or she treated you that way? Do you think you deserved to be treated in such a way? Why or why not? How did it make you feel? What would have to have happen in order for the situation to be more fair?

2. Describe a situation when you were unkind to someone. Include the answers to the following questions in your entry. What triggered your unkind actions? Were you purposely trying to hurt that person? Why or why not? Did you succeed in hurting that person? How could you tell? What emotions did you feel at the time of your unkind actions? How do you feel now when you recall that situation? If you could, would you have acted differently? How? Why do you think it is important for people to be kind to all other people?