

# Who Are You? How Do You Identify Yourself?

As we grow, we learn that we are unique, and have likes, skills and talents that make us different from others. But another important piece to remember is that we have a lot in common. Finding people who share our likes, talents and beliefs helps us create communities.

A community is a group of people with shared interests. A community can also be a place where people with shared interests come together. Communities are important because they can offer support when we need help.

## Personal Identity Chart

**Directions:** Fill out the chart below to the best of your ability. If there are some that you don't know the answer to, leave them blank, or take your best guess. You decide. It's your identity.

### Physical Identity

Skin color \_\_\_\_\_  
Facial characteristics \_\_\_\_\_  
Height \_\_\_\_\_  
Age \_\_\_\_\_  
Hair Color \_\_\_\_\_  
Hair Style \_\_\_\_\_

### Family Identity

Place and date of birth \_\_\_\_\_  
Siblings \_\_\_\_\_  
Birth order \_\_\_\_\_  
Parents/guardians \_\_\_\_\_  
Extended families \_\_\_\_\_  
Family history \_\_\_\_\_  
Family traditions \_\_\_\_\_

### Social Identity

Race \_\_\_\_\_  
Ethnicity \_\_\_\_\_  
Language \_\_\_\_\_  
Nationality \_\_\_\_\_  
Friends \_\_\_\_\_  
Community \_\_\_\_\_  
Neighborhood \_\_\_\_\_  
Sports teams \_\_\_\_\_  
Hobbies/Interests \_\_\_\_\_  
Religious Beliefs \_\_\_\_\_

